

## Differentiating Skin Damage Related to Moisture and Pressure

This course will assist clinicians to identify differences between wounds caused by pressure and moisture, classify these wounds, and provide care to prevent wounds with either etiology.

After completing this continuing education activity, nurses will be able to:

- Review the anatomy and physiology of the skin and its important protective functions
- Describe the etiology of a Pressure Injury and Incontinence Associated Skin Damage (IAD)
- Review evidence-based protocols of care for prevention and management of IAD and Pressure Injuries
- Recognize and describe the most recent NPUAP pressure injury staging system
- Identify key differences between moisture and pressure related skin injury
- Review skin care product ingredients that can be helpful for moisturizing and protecting the skin exposed to moisture or pressure

Please note: Completing this course does not authorize you to add any skill discussed in the content to your practice if this function is not included in your current scope of practice.

### Outline

- Anatomy and Physiology of the Skin
- Wound Classification
- Pressure Injury Etiology and Staging
- Moisture-related Skin Damage
- Skin Protection Measures

### Accreditation Information

Release Date: April 30, 2018  
Expiration Date: April 30, 2021

A Continuing Education Activity Provided by HealthStream, Inc. This activity was designed to meet the education needs of Registered Nurses. It was written by Linda Moore, BSN, RN, CWON (Consultant for ConvaTec) and reviewed by Karen Cole, BSN, RN, CWOCN, CDE.

Provider approved by the California Board of Registered Nursing, Provider Number CEP13221 for 1.0 contact hour(s).

Participants must complete the entire activity, including the evaluation, and score an 80% or higher on the post-test in order to obtain a certificate of completion. Partial credit will not be given. Licensees must provide their license numbers for record keeping purposes. Continuing education licensing requirements vary by profession and state. Learners should contact their licensing board or professional organization to confirm that these contact hours will be accepted. HealthStream does not warrant acceptance. Completions for this activity are not transmitted to CE Broker.

Commercially supported through Grant Funds given by ConvaTec. This activity is offered to learners free of charge.