

Preventing and Managing Skin Tears

This course provides a review of skin anatomy and physiology and identifies risk factors, prevention strategies and management plans for skin tears.

After completing this continuing education activity, nurses will be able to:

- Review the normal anatomy and physiology of skin and phases of wound healing
- Identify the changes in the skin related to aging that make the skin more vulnerable to traumatic injury
- Review the definition and ISTAP categories of skin tears
- List other risk factors for skin tears
- Review evidence based prevention and management plans for skin tears

Please note: Completing this course does not authorize you to add any skill discussed in the content to your practice if this function is not included in your current scope of practice.

Outline

- Wound Classification and Etiology
- Age-related Skin Changes
- Phases of Wound Healing
- Skin Tear Classification
- Skin Protection and Skin Tear Prevention
- Management and Documentation of Skin Tears

Accreditation Information

Release Date: April 30, 2018
Expiration Date: April 30, 2021

A Continuing Education Activity Provided by HealthStream, Inc. This activity was designed to meet the education needs of Registered Nurses. It was written by Linda Moore, BSN, RN, CWON (Consultant for ConvaTec) and reviewed by Karen Cole, BSN, RN, CWOCN, CDE.

Provider approved by the California Board of Registered Nursing, Provider Number CEP13221 for 1.0 contact hour(s).

Participants must complete the entire activity, including the evaluation, and score an 80% or higher on the post-test in order to obtain a certificate of completion. Partial credit will not be given. Licensees must provide their license numbers for record keeping purposes. Continuing education licensing requirements vary by profession and state. Learners should contact their licensing board or professional organization to confirm that these contact hours will be accepted. HealthStream does not warrant acceptance. Completions for this activity are not transmitted to CE Broker.

Commercially supported through Grant Funds given by ConvaTec. This activity is offered to learners free of charge.

