

Prevention and Management of Pressure Injuries

This course describes the NPUAP pressure injury staging system and identifies clinical strategies for pressure injury prevention and treatment.

After completing this continuing education activity, nurses will be able to:

- Describe etiology of pressure injury and NPUAP staging system
- Review evidenced-based protocols of care for prevention and management of pressure related tissue injury
- Identify key phases of wound healing
- Review principles and evidence for moist vs dry wound healing
- Review evidence based wound management recommendations based on wound bed characteristics

Please note: Completing this course does not authorize you to add any skill discussed in the content to your practice if this function is not included in your current scope of practice.

Outline

- Impact of Pressure injuries
- Etiology of Pressure Injuries: Intrinsic and Extrinsic Factors
- Effects of Moisture on the Skin
- Pressure Injury Staging
- Risk Assessment
- Pressure Injury Prevention
- Pressure Injury Treatment: debridement, infection management, dressings, modalities, maintaining moisture balance
- Pressure Injury Documentation

Accreditation Information

Release Date: April 30, 2018
Expiration Date: April 30, 2021

A Continuing Education Activity Provided by HealthStream, Inc. This activity was designed to meet the education needs of Registered Nurses. It was written by Linda Moore, BSN, RN, CWON (Consultant for ConvaTec) and reviewed by Karen Cole, BSN, RN, CWOCN, CDE.

Provider approved by the California Board of Registered Nursing, Provider Number CEP13221 for 1.0 contact hour(s).

Participants must complete the entire activity, including the evaluation, and score an 80% or higher on the post-test in order to obtain a certificate of completion. Partial credit will not be given. Licensees must provide their license numbers for record keeping purposes. Continuing education licensing requirements vary by profession and state. Learners should contact their licensing board or professional organization to confirm that these contact hours will be accepted. HealthStream does not warrant acceptance. Completions for this activity are not transmitted to CE Broker.

Commercially supported through Grant Funds given by ConvaTec. This activity is offered to learners free of charge.